



# Medication Assisted Treatment at Wheeler

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Wheeler

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# JOINING FORCES

- WHO strongly recommends psychosocial support be offered routinely in association with MAT
  - MAT + Psychosocial Interventions are more effective than MAT or Psychosocial Interventions alone *(Jhanjee, 2014)*





# MAT FastTrack

- Quickly triage patients from Open Access who are seeking or could benefit from a Medication Assisted Treatment Evaluation.
- Utilize Behavioral Health Consultant as first contact and perform Intake assessment
- BHCs then coordinate with Medical Provider to dynamically schedule patient in next available appointment, goal is same day.
- If Provider not available, coordinate with BHC at other sites to arrange for a virtual MAT eval





*“I don't even know how best to do this but I just had to share how absolutely awesome an experience I just had fast tracking a MAT patient who was a 20 year old in severe distress looking for treatment and wouldn't agree to detox. I had the other BHC's help me find a virtual with Maria B in New Britain within an HOUR. Adam, Sam our nurse, and Mary one of the MA's, helping me get together setting up the virtual visit, vitals, and getting a follow up appointment. THEN the front desk staff and BH DIRECTOR are helping me find a sooner PE for him, all on the spot. The patient told me he has been calling around all morning looking for someone to help him and I hope it gave him some peace of mind that we were able to do all that for him today.”*





## Menu of options for patients/clients in recovery

- Medication assisted treatment
- Meeting with a Behavioral Health Consultant at their medical appointments
- Mental Health and Substance use Groups
- Individual therapy
- Intensive Outpatient Program
- Engage with Primary care services
- Engage with Psychiatry
- Working with a peer specialist
- Work with patient care coordinators
- Meet with Community Health Worker
- Access to basic needs funds





# Basic Demographic Data MAT Program at Wheeler Health





- For Calendar Year 2022 - 994 participants were engaged in our MAT program.
- MAT program participants are 63% Male and 37% Female.
- 62% of MAT patients are aged 30-49
- Race and ethnicity of participants receiving MAT reflective and for the most part consistent with site specific community data.
- Despite significant improvement (and effort), Race and Ethnicity data is still not reported 10 percent of the time.



*Wheeler provides equitable access to innovative care that improves health, recovery and growth at all stages of life.*



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